

IMPROVING NUTRITION IN ZAMBIA

amongst children...

 **16%** are **underweight**

 **46%** are **stunted**




79% do not meet **minimum acceptable diet** 

24% in the past **2 weeks** had **diarrhea** 

amongst women (15-49)...

15% face moderate or **severe hunger** 

 **44%** do not meet **minimum dietary diversity**

91% went to **school** 
however, of these women
30% did not complete **primary education** 
63% cannot read **a sentence** 

 **10%** have acute **malnourishment**

68% do not work for income outside the home 

 **61%** manage land for crops but only **28%** have power to **make decisions** about its use

and in households...

30% get water from an **improved water source** 

 **19%** of women walk over **30 minutes** to get water

70% of all babies are exclusively **breastfed** 

Through the SANI project we are...

Directly reaching 62,613 people

And indirectly reaching 59,031 people

Across the Mpika and Shiwa Ng'andu Districts of Zambia



Find out more at FeedHerFuture.ca